



# Family Devotion Guide



Week 4: Ways in the Wilderness

## In God's Big Story

Moses led the Israelites out of Egypt, but there were too many people for him to handle alone. The Israelites argued and came to Moses for help, making him very busy. Moses didn't realize he needed help, but Jethro, his father-in-law, saw the problem. Jethro suggested Moses choose helpers (elders) to solve problems with the people. By listening to Jethro, Moses could lead the Israelites more effectively. Admitting we need help shows humility and that God designed us to need others. By trusting in Jesus and fellow Christians, we can better navigate life's challenges.

**TRUTH** Just like Moses, I can ask for help from a trusted person.

**SCRIPTURES** Exodus 18:1-27 | Numbers 13:16-30

## Key Verse

Work together this week to memorize this verse:  
Jesus replied, "Love the Lord your God with all your heart and with all your soul. Love him with all your mind.' This is the first and most important commandment. And the second is like it.

Matthew 22:37-39(NIRV)

## Worship at Home

Scan the QR code below to listen to our worship playlist anytime!

## Table Talk or Car Chats

Families, use these questions to prompt conversations at the table, in the car, and anywhere else your family experiences life together.

- What did you learn about Moses needing help from his father-in-law, Jethro?
- Can you think of a time when you needed help with something? Who did you ask?
- What did Moses learn when he listened to Jethro's advice?
- Who in your life can you turn to for trusted advice?
- How can we be good helpers to one another?

## Walk it. Act it. Move it.

### "Help is Cool" Comic Strip

Draw a short comic strip together where the hero solves a problem by asking for help. Emphasize how getting help makes the hero look smart and resourceful.

### Trust Walk

Set up an obstacle course. Pair the family members up and blindfold one person in each pair. The other person guides his/her blindfolded partner through the obstacle course using only verbal instructions. Switch roles and repeat.

Discuss the importance of trusting and helping each other.

